

# High School Dress Code and Upper School Dress Down Days

CLA High School does not have a required uniform dress; however, by his/her attendance at CLA, a student agrees to abide by the guidelines established by the school. The following specific guidelines should be observed.

**General Appearance** Students should maintain a neat and modest appearance which reflects their respect for themselves and their school. Students in upper school may wear:

- All pants appropriately secured or fitted at the waist. No rips revealing skin higher than 3 inches above the knee. Leggings or tight fitting pants or jeans are only allowed if the accompanying top is at least fingertip length. No pajama pants.
- Shorts at least fingertip length, securely fastened at the waist. No pajama bottoms.
- Girls may wear skirts or dresses, at least fingertip length. Any slits must also be at least fingertip length.
- T-shirts, polos, button-up, and pull over shirts, blouses, and sweaters are allowed. No tank tops, bare midriff, open back or low cut tops. Sleeveless tops must be three fingers wide at the shoulder. Shirts may not be too tight or sheer so as to be revealing.
- Athletic shoes, dress shoes, and boots are allowed. No flip flops, strapless sandals, or heels higher than 2 inches are allowed for students.
- Hats and head coverings are only allowed outside of buildings. No hoodies or other head coverings are to be worn inside.
- Hairstyles should not be extreme or distracting. Hair color must be a color that falls within the natural spectrum of hair color.

## On Professional Dress (Business Casual) Thursdays

- Students in high school will dress in business casual attire on Thursdays. This means khakis or slacks with belts and button up shirts for young men along with dress shoes and dark socks. Young women will wear a professional looking dress, skirt, or slacks and a blouse as well as closed toe dress shoes.
- The purpose of business casual Thursdays is to allow students to practice dressing in a manner acceptable for professional settings and so that when we go out into the community on shadowing and interning days, students will be dressed in a manner that represents themselves and their school well.

## High School PE

- Students will bring a change of clothes for P.E every day. The change of clothes should include athletic t-shirts, shorts that are modest and at least fingertip length, athletic shoes and socks. There should be no athletic tights or spandex without shorts being worn over it. Students not wearing the appropriate clothes will be given a verbal warning the first time and an uniform alert the second time and every time after that in the quarter with their participation grade being affected for the day.

## Not Allowed On Campus or at Any School Sponsored Event

- No messages, signs, pictures or lettering that is rude, vulgar, or suggestive are allowed. No depictions or references to drugs, tobacco, or alcohol are allowed.
- No part of undergarments may be visible at any time. This includes, but is not limited to boxer shorts, briefs, bra straps and sports bras.

- No body piercing is allowed except for girls' earrings.
- No head coverings inside of buildings.
- No clothing that is too tight, too short, low cut, or otherwise revealing.
- For school sponsored swimming activities, dark colored T-shirts must be worn to cover any 2 piece swimsuits or swimsuits with cutouts. One piece or full length tankini style swimsuits with no bare midriiffs or cutouts are suggested and do not typically require wearing T-shirts over them.

**Rules for Specific Articles of Clothing:**

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| Pants             | Pants must fit at the waist. No pants that drag on the floor or ground. No pajama pants. Leggings or tight pants may only be worn if the accompanying top (excluding oversized t-shirts and tank tops) is a minimum of fingertip length.                                 |
| Shorts            | Must be fingertip length minimum at all times.   |
| Skirts or Dresses | Must be a minimum of fingertip length, including any slits.  |
| Shirts or Dresses | No low cut or see through clothing revealing underwear. Shirts and/or dresses must cover the back, chest, midriff, including while the wearer is sitting, standing, walking, or with arms raised. No t-backs or racerback shirts. Straps must be 3 finger-width minimum. |
| Footwear          | Footwear must be worn at all times and must be appropriate for the activity in which the student is involved. No flip flops or strapless flip flop style sandals are allowed at school.  |
| Swimsuits         | For school sponsored swimming activities: One piece or full length tankinis recommended for girls. Dark T-shirts are required to be worn at all times to cover any swimsuits with bare midriiffs or cut outs or that are otherwise deemed to be revealing.               |

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**Consequences for inappropriate dress:**

1. A student in violation of the dress code may be sent to the school office. The secretary or school administrator will allow the student to get a change of clothes or, if he or she has none at school, to call a parent to bring a change of clothes.
2. A Uniform/ Dress Code Infraction will be sent home to serve as an alert to parents and the infraction must be signed by parents and returned to the high school administrator the next day.
3. The first and second violation of the dress code will be recorded as a warning.
4. Upon the third violation of the dress code, the student will be assigned a detention.

Chronic dress code violations or failure to comply with detention assignments may result in a suspension.